

Municipal information for comprehensive support for the victims of violence against women

ADVANCING IN EQUALITY
TO ELIMINATE VIOLENCE
AGAINST WOMEN



DL NA 30-2022



Ayuntamiento de Barañain
Barañaingo Udala

With the collaboration of:

Gobierno de Navarra  Nafarroako Gobernua



What is violence against women?

According to ***Navarrese Act 14/2015 to act against Violence towards Women***, violence against women is violence inflicted against women merely for being women or which affects them disproportionately as a manifestation of gender discrimination and involves or may involve harm or suffering of a physical, psychological, sexual or economic nature, including threats, intimidation, coercion and the arbitrary deprivation of liberty, in public or private life.

It is one of the most common **violations of fundamental human rights** in our society.

In what ways does violence against women manifest itself?

- Disparagement, insults, ridicule, humiliation and harassment.
- Indifference and contempt.
- Cutting victims off from their friends, family and social environment.
- Destruction of personal possessions and those of particular sentimental value.
- Trying to prevent victims from studying or working.
- Shows of jealousy and attempts at control (checking the victim's mobile phone, WhatsApp messages, emails, etc.).
- Threatening and discrediting the victim in front of her children.
- Negative consequences in offspring who live in a violent environment.
- Control of and denying access to money (for example, non-payment of child maintenance).
- Physical assault.
- Sexual assault, sexual abuse, sexual harassment (unwanted sexual requests or propositions).
- Gender-based online harassment, sexting (sending sexually explicit images without consent) and sextortion (extorting victims for sexual ends).
- Femicides (gender-related murder or manslaughter of women).
- Deprivation of basic needs: food, rest, free time.
- Sexual and labour exploitation.
- Arranged or forced marriage.
- Trafficking in women and girls.
- Female genital mutilation.

If you want more information and/or need support because you are suffering a situation like this or know someone who is and needs help, call or contact:

- **A social worker, lawyer and psychologist at Basic Social Services.**
You need to make an appointment on 948 199 870.
- **A social worker at a Health Centre,** on 948 198 330 / 948 287 540.

You can also seek help 24 hours a day, 365 days of the year on:

- **Barañáin Municipal Police:** 948 181 000 / 626 181 000
- **Emergency services telephone line: 112**
- **The 016 telephone line**

The following municipal services are also available:

LEGAL ADVISORY SERVICE

Who's it for?

For people who need specific legal support to get through a critical situation as a result of traumatic legal separations and family conflicts, **mainly for women** who are suffering or have suffered from situations involving violence against women.

What does it offer?

Information and advice in all areas of law (chiefly civil, matrimonial and family, inheritance, criminal and labour law) and on the channels or procedures to follow to access it.

Where is it?

By appointment at Basic Social Services, one day a week from 9 a.m. to 3 p.m.

PSYCHOLOGICAL COUNSELLING SERVICE

Who's it for?

For people who need specific psychological support to get through a critical situation as a result of traumatic legal separations and family conflicts, **mainly for women** who are suffering or have suffered from situations involving violence against women.

What does it offer?

Individualised psychological counselling.

Where is it?

By appointment at Basic Social Services, one day a week from 8 a.m. to 2 p.m.



SI QUIERES INFORMARTE Y/O NECESITAS ATENCIÓN:

- Trabajadora social, abogada y psicóloga del Servicio Social de Base. 948 199 870.
- Trabajadora social de los Centros de Salud 948 198 330 / 948 287 540.

Te atenderán también los 365 días, las 24 horas, en:

- Policía Municipal de Barañáin: 948 181 000 / 626 181 000
- Teléfono de emergencias 112
- Teléfono 016

INFORMAZIOA NAHI EDO ARRETA BEHAR BADUZU:

- Oinarrizko Gizarte Zerbitzuko gizarte-langilea, abokatua eta psikologoa. 948 199 870.
- Osasun-etxeetako gizarte-langilea: 948 198 330 / 948 287 540.

365 egunetan, 24 orduetan:

- Barañaingo Udaltzaingoa: 948 181 000 / 626 181 000
- Larrialdietako telefonoa: 112
- 016 telefono-zenbakia

IF YOU WANT MORE INFORMATION AND/OR NEED HELP:

- Social worker, lawyer and psychologist at Basic Social Services. 948 199 870.
- Social worker at a Health Centre 948 198 330 / 948 287 540.

You can also seek help 24 hours a day, 365 days of the year on:

- Barañáin Municipal Police: 948 181 000 / 626 181 000
- Emergency services telephone line: 112
- The 016 telephone line

SI VOUS SOUHAITEZ VOUS INFORMER ET/OU AVEZ BESOIN D'AIDE :

- Assistante sociale, avocate et psychologue du Service Social de Base. 948 199 870.
- Assistante sociale des Centres de Santé 948 198 330 / 948 287 540.

Vous pouvez également contacter 365 jours/an, 24/24h, les services suivants :

- Police municipale de Barañáin : 948 181 000 / 626 181 000
- Numéro d'urgence : 112
- Numéro : 016

DACĂ DOREȘTI SĂ TE INFORMEȘI ȘI/SAU AI NEVOIE DE AJUTOR:

- Lucrătoarea socială, avocata și psihologa din cadrul Serviciului Social de Bază (Servicio Social de Base). Înainte trebuie să vă faceți programare la telefonul 948 199 870.
- Lucrătoarea socială din cadrul Centrului sanitar, telefon: 948 198 330 / 948 287 540.

Vă stau la dispoziție, de asemenea, 365 de zile pe an, 24 ore pe zi:

- Poliția Municipală din Barañáin: 948 181 000 / 626 181 000
- Teléfono de emergencias 112
- Teléfono 016

إذا كنت ترغب بالحصول على معلومات و / أو تحتاج إلى خدمات

أخصائي اجتماعي ومحامي وعالم نفس في الخدمة
الاجتماعية الأساسية على الهاتف ٩٤٨١٩٩٨٧٠
الأخصائية الاجتماعية بالمراكز الصحية
٩٤٨٢٨٧٥٤٠ / ٩٤٨١٩٨٣٠

ستحصل على الاستشارة أيضاً ٣٦٥ يوماً ، ٢٤ ساعة في
اليوم ، على الهواتف التالية :

شرطة بلدية بارانينين : ٦٣٦١٨١٠٠٠ / ٩٤٨١٨١٠٠٠

رقم هاتف الطوارئ ١١٢

هاتف ٠١٦



BERDINTASUNAREN BIDEAN AURRERA EMAKUMEEN KONTRAKO INDARKERIA DESAGERRARAZTEKO



Ayuntamiento de Barañáin
Barañaingo Udala

Laguntzailea:

Gobierno
de Navarra



Nafarroako
Gobernua



AVANZANDO EN IGUALDAD PARA ELIMINAR LA VIOLENCIA CONTRA LAS MUJERES



Ayuntamiento de Barañáin
Barañaingo Udala

Colabora:

Gobierno
de Navarra



Nafarroako
Gobernua



PROMOUVOIR L'ÉGALITÉ POUR ERADICHER LA VIOLENCE CONTRE LES FEMMES



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تعزیز المساواة للقضاء على العنف والاعتداء على المرأة

التعاون مع



Gobierno
de Navarra



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Gobernua



Ayuntamiento de Barañáin
Barañaingo Udala



AVANȘÂND PE CALEA ELIMINĂRII VIOLENTEI ASUPRA FEMEILOR



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Colaborează:

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de Navarra



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